

# October



Monday	Tuesday	Wednesday	Thursday	Friday	<p>Menus are subject to change.</p> <p><b>There is currently no charge for lunch or breakfast.</b></p> <p><b>Served daily at breakfast:</b> 1% or Chocolate Milk, Juice</p> <p><b>Served daily at lunch:</b> 1% or Chocolate Milk, Juice Fresh Vegetable/Salad Bar Options</p> <p><b>This institution is an equal opportunity provider.</b></p> 
				<p><b>1</b> Lucky Charms or Cinnamon Toast Crunch, Toast, Jelly, Pears</p> <p>Wild Mikes Pizza or PB&amp;J, Chocolate Chunk Cookie, Grapes or Mandarin Oranges</p>	
<p><b>4</b> Egg &amp; Cheese Omelet, French Toast Goldfish, Applesauce</p> <p>Chicken Patty Sandwich, or Turkey Sub, Baked Beans, Banana or Fruit Cocktail</p>	<p><b>5</b> Breakfast Ultimate Round, Strawberry Gogurt, Orange</p> <p>Chicken Alfredo or Southwest Salad, Garlic Breadstick, Apple or Peaches</p>	<p><b>6</b> Smoothie, Muffin Variety, Peaches</p> <p>Chicken Fried Steak or Ham Sub, Mashed Potatoes, Gravy, Hot Roll, Green Beans, Orange or Pears</p>	<p><b>7</b> Breakfast Pizza, Hash Brown, Apple</p> <p>Corn Dog or Sticky Finger Wrap, Tater Tots, Rice Krispy Treat, Grapes or Pineapple</p>	<p><b>8</b> Cinni Mini Cinnamon Rolls, Sausage Patty, Pears</p> <p>Cheesy Pretzel Pocket or PB&amp;J, Snickerdoodle, Strawberries or Applesauce</p>	
<p><b>11</b> Muffin Variety, Cheese Stick, Applesauce</p> <p>Popcorn Chicken or Roast Beef Sub, Crinkle Fries, Fry Sauce, Banana or Fruit Cocktail</p>	<p><b>12</b> Strawberry Parfait, Orange</p> <p>Beef Nachos or Garden Salad, Spanish Rice, Refried Beans, Apple or Peaches</p>	<p><b>13</b> Mini Maple Waffles, Sausage Patty, Peaches</p> <p>Hot Dog or Turkey Sub, Baked Potato Chips, Raisels Variety, Orange or Pears</p>	<p><b>14</b> Banana Bread, Strawberry Gogurt, Apple</p> <p>Teriyaki Chicken &amp; Rice or Grilled Chicken Wrap, Steamed Broccoli, Scooby Doo Graham Cookies, Grapes or Mandarin Oranges</p>	<p><b>15</b> Lucky Charms or Cinnamon Toast Crunch, Toast, Jelly, Pears</p> <p>Big Daddy Pizza or PB&amp;J, Creamies, Strawberries or Applesauce</p>	
<p><b>18</b> No School Fall Break</p>	<p><b>19</b> Grab n'Go (Vanilla Yogurt, Hard Boiled Egg, Honey Bun, Goldfish) Orange</p> <p>Spaghetti w/Meat Sauce, Garlic Texas Toast, Apple or Peaches</p>	<p><b>20</b> Mini Maple Pancakes, Ham Slice, Peaches</p> <p>Crispy Chicken Tenders, Mashed Potatoes, Gravy, Hot Roll, Corn, Orange or Pears</p>	<p><b>21</b> Blueberry Bread, Strawberry/Banana Yogurt, Apple</p> <p>Mini Corn Dogs, Baked Potato Chips, Rice Krispy Treat, Grapes or Pineapple</p>	<p><b>22</b> WG Donut, Sausage Patty, Pears</p> <p>Pizza Rippers, Pudding Snack, Strawberries or Applesauce</p>	
<p><b>25</b> French Toast Sticks, Ham Slice, Syrup, Applesauce</p> <p>Popcorn Chicken or Turkey Sub, Macaroni &amp; Cheese, Banana or Fruit Cocktail</p>	<p><b>26</b> Berries &amp; Cream Waffles, Orange</p> <p>Taco Tuesday or Chef Salad, Refried Beans, Apple or Peaches</p>	<p><b>27</b> Pancake on a stick, Hash Browns, Peaches</p> <p>Cheeseburger or Ham Sub, Tater Tots, Orange or Pears</p>	<p><b>28</b> Pumpkin Bread, Strawberry Gogurt, Apple,</p> <p>Orange Chicken &amp; Rice or Turk Wrap, Steamed Broccoli, Bug Bite Graham Crackers, Grapes or Mandarin Oranges</p>	<p><b>29</b> Jack a lantern Cinnamon Roll, Sausage Patty, Pears</p> <p>Mummy Dog or PB&amp;J, Witch Finger Fries, Halloween Cookie, Green Slime Applesauce</p>	

**Breakfast and Lunch Menu Grades 6<sup>th</sup>-8<sup>th</sup>**