





# September

Monday	Tuesday	Wednesday	Thursday	Friday	<p>Menus are subject to change.</p> <p>There is currently no charge for lunch or breakfast.</p> <p>Served daily at breakfast: 1% or Chocolate Milk, Juice</p> <p>Served daily at lunch: 1% or Chocolate Milk, Juice Fresh Vegetable/Salad Bar Options</p> <p>This institution is an equal opportunity provider.</p> 
National School Milk Day is September 29th		<p><b>1</b> Mini Maple Waffles, Sausage Patty, Applesauce</p> <p>Rib B Q Sandwich or Ham &amp; Cheese Sub, Mac n' Cheese, Orange or Pears</p>	<p><b>2</b> Zucchini Bread, Strawberry Gogurt, Orange</p> <p>Orange Chicken &amp; Rice or Sticky Finger Wrap, Steamed Broccoli, WG Donut, Grapes or Mandarin Oranges</p>	<p><b>3</b> Lucky Charms or Cinnamon Toast Crunch, Toast, Jelly</p> <p>Cheese Breadsticks or PB&amp;J, Marinara Sauce, Creamie, Strawberries Or Applesauce</p>	
<p><b>6</b> No School - Labor Day</p> 	<p><b>7</b> Goody Ring Danish, Cheese Stick, Orange,</p> <p>Mini Ravioli or Southwest Salad, Garlic Bread Stick, Apple or Peaches</p>	<p><b>8</b> Strawberry/Banana or Peach Smoothie, Muffin Variety, Peaches</p> <p>Grilled BBQ Chicken or Ham and Cheese Sub, Mashed Potatoes, Gravy, Green Beans, Hot Roll, Orange or Pears</p>	<p><b>9</b> Breakfast Pizza, Hash Brown, Apple</p> <p>Corn Dog or Spicy Chicken Sandwich, Tater Tots, Rice Krispy Treat, Grapes or Pineapple</p>	<p><b>10</b> Cinnamon Roll w/Frosting, Sausage Patty, Pears</p> <p>Mini Calzones or PB&amp;J, Chocolate or Vanilla Pudding, Strawberries or Applesauce</p>	
<p><b>13</b> Grab n'Go (Yogurt Cup, Hard Boiled Egg, French Toast Goldfish), Applesauce</p> <p>French Toast Sticks or Turkey Sub, Sausage Patty, Hash Browns, Syrup, Banana or Fruit Cocktail</p>	<p><b>14</b> Powdered Mini Donuts, Sausage Patty, Orange</p> <p>Beef Nachos or Cheese &amp; Green Chili Quesadilla, Refried Beans, Apple or Peaches</p>	<p><b>15</b> Mini Sausage Maple Pancakes, Hash Brown, Peaches</p> <p>Chili Cheese Dogs or Roast Beef Sub, Potato Smiles, Orange or Pears</p>	<p><b>16</b> Pumpkin Bread, Strawberry Gogurt, Apple</p> <p>Teriyaki Chicken or Grilled Chicken Wrap, Rice, Steamed Broccoli, WG Donut, Grapes or Mandarin Oranges</p>	<p><b>17</b> Berries n' Cream Waffles, Pears</p> <p>Wild Mike's Pepperoni Pizza, Cheese Pizza or PB&amp;J, Ice-Cream Sandwich, Strawberries or Applesauce</p>	
<p><b>20</b> Muffin Variety, Strawberry/Banana Yogurt Cup, Applesauce</p> <p>BBQ Grilled Chicken Sandwich or Turkey Sub, Baked Beans, Banana or Fruit Cocktail</p>	<p><b>21</b> Egg &amp; Cheese Omelet, Honey Bun Goldfish, Orange</p> <p>Spaghetti w/Meat Sauce or Sticky Finger Salad, Garlic Texas Toast, Apple or Peaches</p>	<p><b>22</b> Egg, Cheese &amp; Sausage Tornadoes, Hash Brown, Peaches</p> <p>Crispy Chicken Strips or Ham &amp; Cheese Sub, Mashed Potatoes, Gravy, Steamed Corn Hot Roll, Orange or Pears</p>	<p><b>23</b> Pancake on a Stick, Strawberry Gogurt, Apple</p> <p>Mini Corn Dogs or Turkey Wrap, Baked Potato Chips, Raisels, Grapes or Pineapple</p>	<p><b>24</b> WG Donut, Sausage Patty, Pears</p> <p>Pizza Rippers or PB&amp;J, Jello, Strawberries or Applesauce</p>	
<p><b>27</b> French Toast Sticks, Sliced Ham, Applesauce</p> <p>Chicken Smackers or Turkey Sub, Mac n' Cheese, Banana or Fruit Cocktail</p>	<p><b>28</b> Strawberry Parfait, Orange</p> <p>Chicken &amp; Cheese Taquitos or Chef Salad, Refried Beans, Apple or Peaches</p>	<p><b>29</b> Mini Maple Pancakes, Sausage Patty, Peaches</p> <p>Cheeseburger or Roast Beef Sub, Crunchy Baked Cheetos, Orange or Pears</p> 	<p><b>30</b> Blueberry Bread, Strawberry Gogurt, Apple</p> <p>Orange Chicken &amp; Rice or PB&amp;J, Steamed Broccoli, WG Donut, Grapes or Mandarin Oranges</p>		

## Breakfast and Lunch Menu Grades 6th-8th